

BAYSHORE FAMILY SUCCESS CENTER

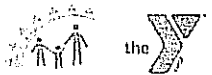
945 State Highway 36
 Leonardo, NJ 07737
 Phone: 732-497-3811
 Fax: 732-847-2742

Monday & Friday: 9 AM – 5 PM
 Tuesday & Thursday: 11 AM – 7 PM
 Wednesday: 12PM – 5 PM
 Saturday: 9 AM – 1 PM

LET'S CONNECT!



TheCommunityYMCA.org/bfsc
 Facebook.com/BayshoreFSC

May 2015						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 10-12 pm Tutoring, BFSC
3	4 9:30-3:30pm Application Assistance SNAP, GA, TANF, Medicaid BFSC 12:30-2pm Family Literacy, Keyport Library	5 3:30-4:30 pm Fit & Fun Club, BFSC 6-7pm Eat Healthy/Be Active, Community Church, Keyport 7-8:30pm ESL, Keyport Library	6 6:30-8pm Movie Night, Middletown Main Library	7 6:00-7:30pm Sandy Support, BFSC 6:30-8pm Parent Support Group, BFSC	8 6:30-8:00pm Family Bingo Night, St, Mark's, Keansburg	9 10-12 pm Tutoring, BFSC 10-12:00 Knitting Club, St. Mark's
10	11 12:30-2pm Family Literacy, Keyport Library 1-2pm Grandparents Advocacy Network	12 3:30-4:30 pm Fit & Fun Club, BFSC 6-7pm Eat Healthy/Be Active, Community Church, Keyport 6:30-8:30pm More Than Sad, Union Beach 7-8:30pm ESL, Keyport Library	13	14 9:00-4:00 pm Job Fair 6:00-7:30pm Family Bingo Night, Main Library, Middletown	15 6:30-8:00 Family Bingo Night, Union Beach Library 10-11am Middletown CAC	16 10-12 pm Tutoring, BFSC
17	18 12:30-2pm Family Literacy, Keyport Library 7-8pm Union Beach CAC	19 3:30-4:30 pm Fit & Fun Club, BFSC 6-7pm Eat Healthy/Be Active, Community Church, Keyport 7-8:30pm ESL, Keyport Library	20	21 12-1pm Lunch Bunch, BFSC 4:30-5:30pm Birthday Club, BFSC 6:00-7:30 Sandy Support, BFSC	22 6:00-8:00pm Family Bingo Night, Keyport Library	23 CLOSED
24  <small>The Center is operated by The Community YMCA and funded by the New Jersey Division of Family and Community Partnerships.</small>	25 MEMORIAL DAY CLOSED	26 3:30-4:30 pm Fit & Fun Club, BFSC 6-7pm Eat Healthy/Be Active; Community Church, Keyport 7-8:30pm ESL, Keyport Library	27 7-8pm Keyport CAC	28	29	30 10am-12pm Resource Fair



Parent/Community Advisory Board (PCAB)

The Parent/Community Advisory Board is the governing structure of the Bayshore Family Success Center. The PCAB is made up of parents and interested community members and shares the responsibility of designing and overseeing the programs and services offered at the Center.

Responsibilities of a PCAB member include:

Bringing in information and resources to further the mission of the Center

Hosting activities such as movie night, karaoke night and etc.

Attending quarterly meetings

And so much more!

If you are interested in becoming a PCAB member, please contact the center at 732.497.3811.

Volunteers

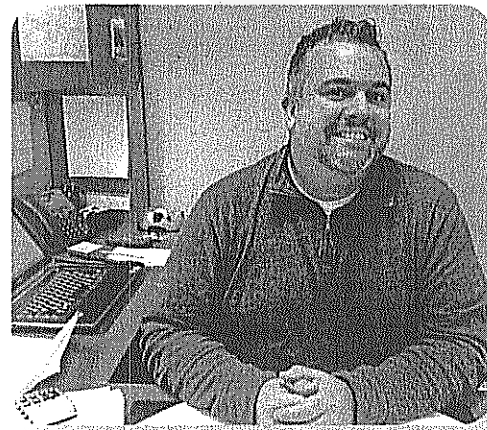
Volunteers are always welcome at the Bayshore Family Success Center! Volunteering is a great way to develop social and community awareness.

Volunteering:

- >Helps develop skills
- >Builds self-esteem and self-confidence
- >Gives you work experience that can be listed on your resume
- >Allows you to teach your skills to others
- >Makes a difference in someone else's life



If you or your organization are interested in becoming a volunteer, please contact Alicia Maresco at 732.497.3811, ext. 734.



The Center is operated by The Community YMCA and funded by the New Jersey Division of Family and Community Partnerships.

1014-869-BFSC

Strengthening Community



Bayshore Family Success Center



The Center is operated by The Community YMCA and funded by the New Jersey Division of Family and Community Partnerships.

Alicia Maresco
Volunteer &
Community Partnership Coordinator

Bayshore Family Success Center
THE COMMUNITY YMCA
Henry Hudson Trail Activity Center
945 State Hwy. 36 | Leonardo, NJ 07737
P 732.497.3811, ext. 734
C 732.241.6670
F 732.847.2742
E amaresco@cymca.org



BAYSHORE FAMILY SUCCESS CENTER

Henry Hudson Trail Activity Center
945 State Highway 36 North
Leonardo, NJ 07737

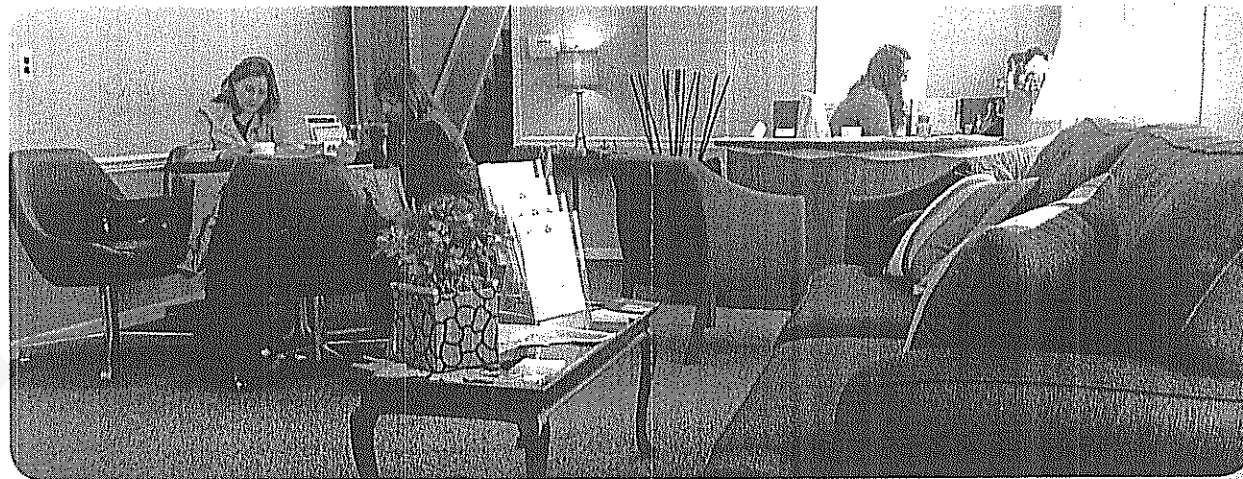
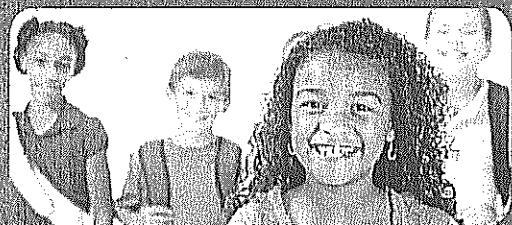
Hours:

Monday and Friday	9 a.m. – 5 p.m.
Tuesday and Thursday	11 a.m. – 7 p.m.
Wednesday	Noon – 5 p.m.
Saturday	9 a.m. – 1 p.m.

Telephone: 732.497.3811 | Fax: 732.847.2742

Our Vision

The Bayshore Family Success Center promotes community connections and helps reduce feelings of isolation through resource and referral services, education and family friendly events. Area residents can participate in free family-based activities while receiving support, information and services.



The Bayshore Family Success Center

Our Mission:

To provide opportunities that inform and give families a sense of empowerment by establishing and strengthening the support network within the community.

Our Purpose:

- > Strengthen families and neighborhoods
- > Reduce isolation and promote connections
- > Provide resources and locally-based services
- > Provide assistance to community members affected by Superstorm Sandy

Our Core Services:

- > Access to child, maternal and family health information
- > Economic self-reliance and employment related services
- > Parent-child activities
- > Parent education
- > Life skills training
- > Information and referral services
- > Advocacy
- > Family Goal Setting
- > Superstorm Sandy recovery and support services
- > Housing related services



May Activities:

Application Assistance: Staff will be available during these times to assist with the application process.

- SNAP, GA, TANF, Medicaid applications: January 12, Bayshore Family Success Center, Leonardo 9:30-3:30 p.m
- Child Care Applications: May 4, 11, 18, Bayshore Family Success Center, Leonardo 9-5 p.m.

Employment Assistance:

- Resume Writing Assistance: Call for an appointment, Bayshore Family Success Center, Leonardo
- Bayshore Job Fair: May 14, The Bayshore Success Center, in collaboration with Remedy, is hosting an employment recruitment day. Individuals from Remedy will be on site to complete employment applications, interview job seekers, and match individuals to potential employers. Clerical to light industrial work are just a few of the positions staffed by Remedy. Please bring (2) forms of identification and a current resume (if you have one). Preregistration is required; space is limited. Continental breakfast will be provided. For more information or to RSVP, please contact 732.497.3811 or familysuccess@cymca.org Bayshore Family Success Center, Leonardo 9 a.m- 5 p.m.

Parent Support Group: A monthly support group for parents and caregivers of children with special needs. This group offers a compassionate environment where families can seek emotional support, share milestones and exchange resources.

- Bayshore Family Success Center: May 7, 6:30-8 p.m.

Sandy Resources: Support group specifically for Superstorm Sandy survivors. Come and meet with your Bayshore neighbors in a compassionate and safe environment. Held on the 2nd and 4th Thursday of every month.

- Sandy Support Group: May 7 & 21, 6-7:30 p.m., Bayshore Family Success Center, Leonardo.

Community Advisory Committee Meetings: Each community has its own Community Advisory Committee that meets once a month and helps direct the initiatives of the Center. We help implement the programs and events that your community needs and wants. All are welcome, be on the lookout for the meeting in your town! For more information, contact amaresco@cymca.org.

Life Skills: We offer an assortment of programs and activities to help you succeed in life!

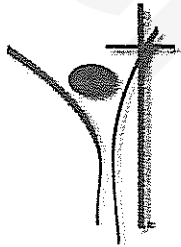
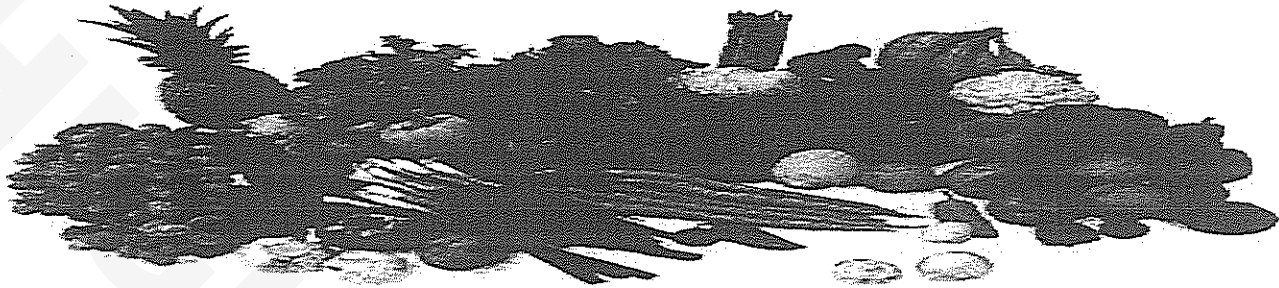
- Family Literacy: Mondays, 12:30-2 p.m. Keyport Free Public Library. Free English classes for parents of school age children.
- ESL (English as a Second Language) Classes: Tuesdays, 7-8:30 p.m. Keyport Free Public Library. Learn to speak English at our free English as a Second Language classes.
- Tutoring: Saturdays, 10-12 p.m. Team up with a High School student to help you with your school work! Help is available, at no cost, in all subjects. Students in grades K-8 welcome (no Tutoring on May 23 & 30)
- Grandparents Advocacy Network: May 11: resource and information sessions for grandparents helping raise their grandchildren, Bayshore Family Success Center, Leonardo 1-2 p.m.
- Resource Fair: May 30, The Bayshore Family Success Center is hosting a community resource fair. Come in and learn about all the various opportunities that are available in our community for you and your family. Representatives from Sandy Relief organizations, child care and camp options, mental health and substance abuse services, programming for special needs children, housing and employment resources will be on site. Join us! 10am-12pm.
- More Than Sad: Preventing Teen Suicide: May 12. The Bayshore Success Center, in conjunction with Barnabas Health Institute for Prevention, invite you to a suicide awareness program focused on risk and protective factors. You will learn and recognize the early warning signs of youth suicide including, but not limited to, signs of depression, a previous suicide attempt, and abandoning prized possessions. Suicide prevention starts with recognizing the warning signs and taking them seriously. Union Beach Library 6:30-8:30pm.

Family Fun! Join members of the Bayshore Family Success Center at various locations throughout the month for family fun and entertainment!

- Lunch Bunch: May 21, 12-1 p.m. Bring your own lunch, we will provide snacks and drinks and then read a story and host open play time!
- Knitting Club: May 9, St. Mark's, Keansburg, 10-12 p.m.
- Eat Healthy – Be Active: Tuesdays, May 5, 12, 19, 26, Community Church, Keyport 6-7 p.m.
- Bayshore Birthday Club: May 21, 4:30-5:30 p.m. Celebrate your birthday month with us, Bayshore Family Success Center, Leonardo.
- Fit & Fun Club: Join us at this after-school social club for girls that teaches how to establish healthy habits. Tuesdays 3:30-4:30 p.m. Bayshore Family Success Center, Leonardo.
- Family Bingo Night! What can be more fun than bingo with the whole family! Pizza and light refreshments served. Pre-registration is required: familysuccess@cymca.org.
 - Middletown: Main Library, May 14, 6-7:30 p.m.
 - Keansburg: St. Mark's, May 8, 6:30-8 p.m.
 - Union Beach: Library May 15, 6:30-8 p.m.
 - Keyport: Library May 22, 6:00-8 p.m.

- Movie Night: May 6: Middletown Main Library 6:30-8pm
- Walking Club: Fridays 10 a.m, Bayshore Family Success Center, Leonardo

**Free sandwiches and salad
served 5:30 pm - 6 pm**



Workshop Series:

Eat Healthy – Be Active
**- LEARN HOW TO LIVE HEALTHY IN
AN EASY WAY**

**When: Every Tuesday 6 – 7 pm
from May 5th to June 23rd, 2015**

**Where: Community Church of Keyport
125 Division Street, Keyport**

**RAFFLE PRIZE, GIFT CARDS, FREE SNACKS,
COOKING CLASS & ZUMBA CLASS!
IT'S ALL FREE!**

**TO SIGN UP PLEASE CONTACT
REV. DAWN SEAMAN
COMMUNITY CHURCH OF KEYPORT
TEL: 732-264-1198**

Bayshore Family Success Center

The Bayshore Family Success Center is operated by the The Community YMCA and funded by the New Jersey Division of Families and Community Partnerships. Services provided by the Center are available to all Bayshore community residents free of charge.

The purpose of the Family Success Center is to:

- Enrich the lives of children by strengthening families and neighborhoods
- Develop networks of family strengthening services that can result in preventing child abuse and neglect and promote optimal child, youth, family and community development
- Provide integrated, locally-based services that are family focused and culturally responsive
- Reduce isolation and strengthen connections within families, between families and to the community
- Redefine public spaces within the community as family friendly, safe and non-stigmatizing

Although this program is not a Super Storm Sandy Relief Program we were funded by the State of New Jersey as a result of the Storm. The New Jersey Governor's office wanted to put into place a system of support for residents of the Sandy Impacted Bayshore area to obtain information, resources and family support for years to come.

The Family Success Center Model is a state-wide Network of Family Success Centers developed to respond to each community individually based on strengths and gaps in their neighborhood.

Activities/Programs of the Bayshore Family Success Center (BFSC)

Programs – Developed in response to a community need. Examples of this are our Parents of Special Needs Support Group, Sandy Support Group, Financial Literacy workshops, Parent Education workshops and others.

Events – We sponsor fun events that get the whole family engaged. Examples of this are the holiday-themed events and resource fairs.

Information and Referral – This is the mainstay of our work here in the office. We meet with families and individuals who are looking for information and assistance. We keep up a database of localized resources, programs and services that we can then provide to people seeking these resources. In addition staff will assist families as much or as little as they require to obtain the needed resources.

Our Center is unique because we cover a large corridor of diverse neighborhoods encompassing Keyport down to Highlands, and expands into sections of Middletown. That is why we need YOU to help us focus on your specific community. We want to address the needs of YOUR town and develop programs that YOUR community desires.

THANK YOU FOR YOUR CONTRIBUTION!

Strengthening Community

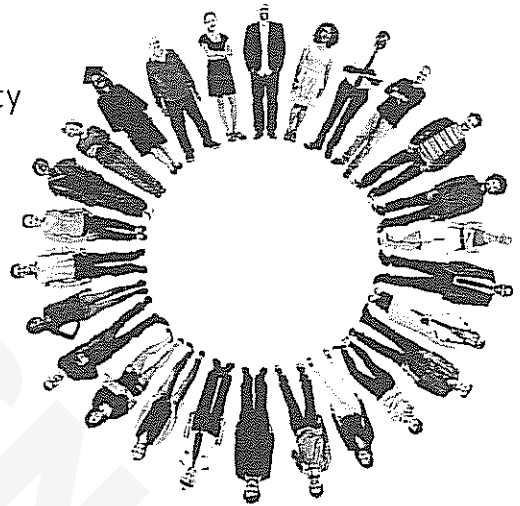


Bayshore Family Success Center

LEARN WHAT SERVICES ARE AVAILABLE IN OUR COMMUNITY RESOURCE FAIR

The Bayshore Family Success Center is hosting a community resource fair.

Come in and learn about all the various opportunities that are available in our community for you and your family. Representatives from Sandy relief organizations, child care and camp options, mental health and substance abuse services, programming for special needs children, housing and employment resources will be on site. Join us!



Saturday May 30 | 10:00 a.m. – 12:00 p.m.

For more information please contact
732.497.3811 or aguagealiperti@cymca.org.

THE COMMUNITY YMCA

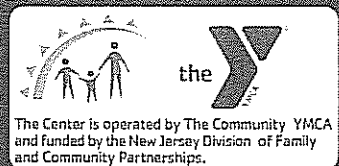
BAYSHORE FAMILY SUCCESS CENTER Henry Hudson Trail Activity Center

945 State Highway 36
Leonardo, NJ 07737

P: 732.497.3811

familysuccess@cymca.org

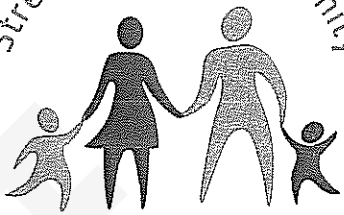
TheCommunityYMCA.org/bfsc



The Y. So much more™

415-2096-BFSC

Strengthening Community



Bayshore Family Success Center



We get people.

BECOME EMPLOYED

Bayshore Job Fair

The Bayshore Family Success Center, in collaboration is hosting an employment recruitment day.

Individuals from Remedy will be on site to complete employment applications, interview job seekers, and match individuals to potential employers. Clerical to light industrial work are just a few of the positions staffed through Remedy.



Please bring the following documents with you:

- > Two (2) forms of identification
- > Current resume (if you have one)

Thursday, May 14 | 9 a.m. – 5 p.m.

Bayshore Family Success Center

Come in at any point throughout the day.

Pre-registration required; space is limited.

Continental breakfast will be provided.

For more information or to RSVP, please contact 732.497.3811 or familysuccess@cymca.org.

THE COMMUNITY YMCA

BAYSHORE FAMILY SUCCESS CENTER | Henry Hudson Trail Activity Center

945 State Highway 36

P: 732.497.3811

TheCommunityYMCA.org/bfsc

Leonardo, NJ 07737

familysuccess@cymca.org

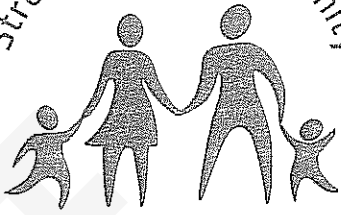


The Center is operated by The Community YMCA and funded by the New Jersey Division of Family and Community Partnerships.

The Y. So much more™

415-2105-BFSC

Strengthening Community



Bayshore Family Success Center



LEARN TO BECOME DEBT FREE Financial Peace University

The Bayshore Family Success Center is proud to announce that we are facilitating Financial Peace University, Dave Ramsey's renowned debt reduction and money savings program. The average participant pays off \$5,300 in debt and saves \$2,700.

Every Saturday | 10-11:30 a.m.
June 6 – August 15, 2015

Seating is limited.

Please RSVP to 732.497.3811
or amaresco@cymca.org.

These 9 lessons will teach you to get out of debt:

- > **Super Saving:**
Common Sense for your Dollars and Cents
- > **Relating With Money:**
Nerds and Free Spirits Unite
- > **Cash Flow Planning:**
The Nuts and Bolts of Budgeting
- > **Dumping Debt:**
Breaking the Chains of Debt
- > **The Role of Insurance:**
Protecting Your Health, Family and Finances
- > **Retirement and College Planning:**
Mastering the Alphabet Soup of Investing
- > **Real Estate and Mortgages:**
Keeping the American Dream from Becoming a Nightmare
- > **The Great Misunderstanding:**
Unleashing the Power of Generous Giving

THE COMMUNITY YMCA

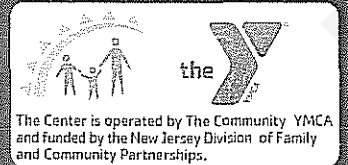
BAYSHORE FAMILY SUCCESS CENTER | Henry Hudson Trail Activity Center

945 State Highway 36
Leonardo, NJ 07737

P: 732.497.3811

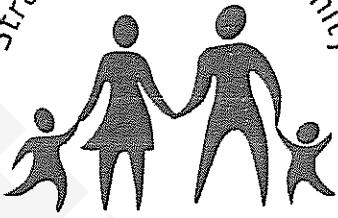
familysuccess@cymca.org

TheCommunityYMCA.org/bfsc



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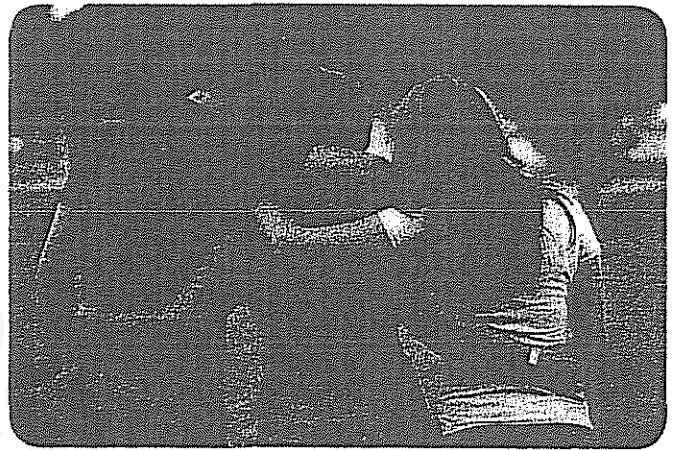
Strengthening Community



Bayshore Family Success Center

MORE THAN SAD: Preventing Teen Suicide

The Bayshore Family Success Center, in conjunction with Barnabas Health Institute for Prevention, invite you to a suicide prevention awareness program focused on risk and protective factors. You will learn to recognize the early warning signs of youth suicide including, but not limited to, signs of depression, a previous suicide attempt, and abandoning prized possessions.



Suicide prevention starts with recognizing the warning signs and taking them seriously.

Tuesday, May 12 | 6:30 – 8:30 p.m.

Held at the Union Beach Library | 810 Union Avenue | Union Beach, NJ 07735
For more information and to RSVP contact 732.497.3811 or familysuccess@cymca.org.

📍 Barnabas Health

THE COMMUNITY YMCA

BAYSHORE FAMILY SUCCESS CENTER Henry Hudson Trail Activity Center

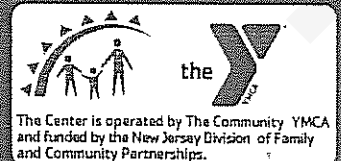
945 State Highway 36

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TheCommunityYMCA.org/bfsc

Leonardo, NJ 07737

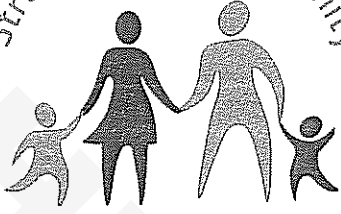
familysuccess@cymca.org



The Y. So much more™

415-2104-BFSC

Strengthening Community



Bayshore Family Success Center

GET ACTIVE! FAMILY WALKING CLUB

The Bayshore Family Success Center invites you and your family to walk with us along the scenic Henry Hudson Trail. Wear your most comfortable walking shoes and bring a water bottle! After our walk, we will convene in our Center for a facilitated conversation.



Fridays | 10 a.m.

For more information and to RSVP please contact 732.497.3811 or amaresco@cymca.org.

THE COMMUNITY YMCA

BAYSHORE FAMILY SUCCESS CENTER | Henry Hudson Trail Activity Center

945 State Highway 36
Leonardo, NJ 07737

P: 732.497.3811

familysuccess@cymca.org

TheCommunityYMCA.org/bfsc

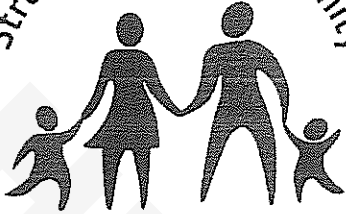


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The Y. So much more™

415-2118-BFSC

Strengthening Community



Bayshore Family Success Center



3300 Route 66, Neptune NJ 07753
(732) 918-2600
www.foodbankmcc.org

A member of
FEEDING AMERICA

SNAP, GA, TANF, MEDICAID & UTILITY APPLICATION ASSISTANCE

Every 1st Monday | 9:30 a.m. - 3:30 p.m.

Provided by the Bayshore Family Success Center and The Foodbank of Monmouth and Ocean Counties.

By appointment only. Please call 732.497.3811.

Please bring the following documents to your appointment:

- > Birth Certificate
- > Driver's License/ Photo ID
- > Social Security cards for all household members
- > Proof of address (lease, mortgage/tax bill, rental assistance agreement)
- > Doctor's Note, if unable to work for medical reasons
- > I-94/I-551 (Green Card) if not a U.S. citizen
- > All bank account information
- > Earned and unearned income verification
- > Monthly expenses/ bills
- > Child support payments

BAYSHORE FAMILY SUCCESS CENTER

Henry Hudson Trail Activity Center
945 Hwy. 36, Leonardo 07737
732.497.3811

LET'S CONNECT!

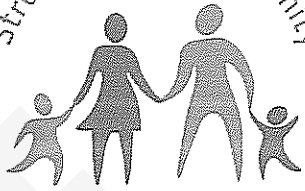


TheCommunityYMCA.org/bfsc



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Strengthening Community



Bayshore Family Success Center

NJ Child Care Application Assistance

Every Monday | 9:00 p.m. - 5:00 p.m.

Get assistance applying for the Child Care Subsidy Program for income eligible families residing in Monmouth County.

Please call 732.497.3811 to schedule an appointment.

Eligibility Requirements:

- > Must be a Monmouth County resident
- > Must be employed full time (at least 30 hours per week) OR
- > Attend school full time (at least 20 hours per week) OR
- > Work part time AND go to school/training part time
- > Must meet income eligibility guidelines

BAYSHORE FAMILY SUCCESS CENTER

Henry Hudson Trail Activity Center
945 State Route 36, Leonardo
732.497.3811

LET'S CONNECT!

TheCommunityYMCA.org/bfsc
[Facebook.com/BayshoreFSC](https://www.facebook.com/BayshoreFSC)



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HELPING WITH THE KIDS

Grandparents Advocacy Network

Are you helping with the care of your grandchildren? From providing occasional babysitting to raising them as your own, more and more grandparents are actively involved in the day-to-day life of their grandchildren. Join us at our Grandparents Advocacy Network and learn valuable information, share resources and help in the development of needed programs and activities for this growing parenting population.

2nd and 4th Mondays | 1 – 2 p.m.
Held at the Bayshore Family Success Center

RSVP required. For more information, contact 732.497.3811 or mkelly@cymca.org. If child care is needed you must inform us at the time of rsvp.



THE COMMUNITY YMCA

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APRENDIENDO A LEER

Clase de Alfabetización Familiar

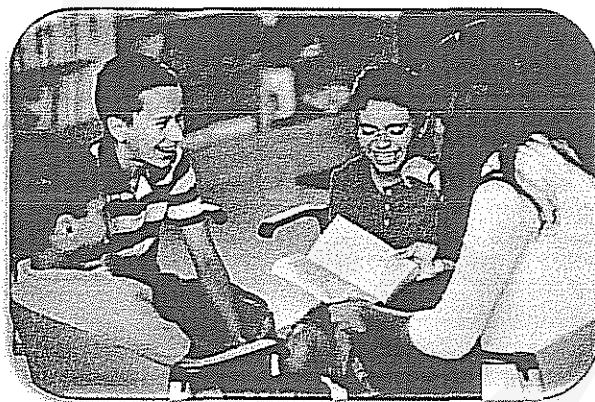
El Centro de Éxito Familiar de Bayshore, en colaboración con voluntarios de alfabetización del Condado de Monmouth y la Biblioteca Pública de Keyport, los invita a unirse a nuestra clase de Alfabetización Familiar. Clases de Inglés gratis para los padres de los niños de edades preescolar y primaria.

Todos los Lunes | 12:30 – 2 p.m.
A partir de Enero 26, 2015

En la Biblioteca de Keyport | 109 Broad Street | Keyport, NJ 07735

Ayude a sus niños a aprender!

Cupo es limitado! Por favor a confirmar a
732.497.3811 or amaresco@cymca.org.



LIVE UNITED



United Way
of Monmouth County



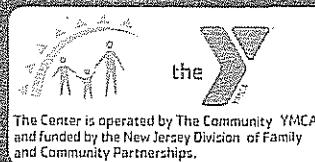
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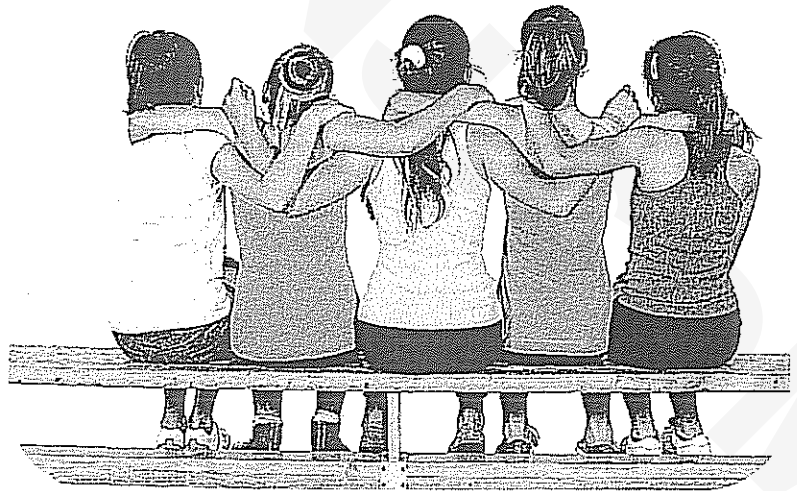
KEEPING GIRLS HEALTHY AND ACTIVE

Fit & Fun Club for School-Age Girls

This is a great way for girls to socialize while learning to establish healthy habits. Classes include ideas on healthy eating, fun exercises and activities. We are excited to bring this program to the Bayshore Family Success Center in conjunction with The Community YMCA's Red Bank Family Health & Wellness Center.

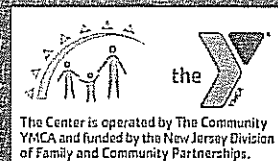
Tuesdays | 3:30-4:30 p.m. | April 7-May 26

For more information and to RSVP please contact 732.497.3811 or amaresco@cymca.org.



THE COMMUNITY YMCA
BAYSHORE FAMILY SUCCESS CENTER | Henry Hudson Trail Activity Center
445 State Highway 36
Leonardo, NJ 07737
P: 732.497.3811
family.success@cymca.org

TheCommunityYMCA.org/bfsc
Facebook, Instagram, Twitter, YouTube icons





ARENDE HABLAR INGLÉS

Clases de Inglés Como Segundo Idoma (ESL)

El Centro de Éxito Familiar de Bayshore, en colaboración con los Voluntarios de Alfabetización del Condado de Monmouth y la Biblioteca Publica de Keyport, los invita a aprender Inglés gratis en nuestra clases de Inglés como Segundo Idoma (ESL).

Todos los Martes | 7 – 8:30 p.m.
A partir del 27 de Enero 2015

En la Biblioteca de Keyport | 109 Broad Street | Keyport, NJ 07735

Aprenda Ingles en este ambiente divertido en Keyport!

El cupo es limitado! Por favor confirmar a 732.497.3811 or amaresco@cymca.org.



United Way
of Monmouth County



THE COMMUNITY YMCA
BAYSHORE FAMILY SUCCESS CENTER | Henry Hudson Trail Activity Center
945 State Highway 36
Leonardo, NJ 07737
P: 732.497.3811
familysucces@cymca.org

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Facebook, Twitter, YouTube, Instagram icons





PARENTS HELPING PARENTS

A Monthly Parent Support Group

Join the Bayshore Family Success Center for a monthly support group designed to help parents and caregivers feel empowered, reassured and supported while raising their child with special needs. Families just beginning "the process" are encouraged to attend to gain knowledge and insight from those who have had similar experiences. You are not alone.

Currently, this group is offered at **2** different sites:

Every 1st Thursday | 6:30 p.m. – 8:00 p.m.

Atlantic Highlands Public Library, 100 First Ave

~~Every 2nd Tuesday | 6:30 p.m. – 8:00 p.m.~~

~~Union Beach Memorial Library, 810 Union Ave~~

Every 4th Monday | 10:30 a.m. – 12:00 p.m.

St. Mark's, 247 Carr Avenue, Keansburg

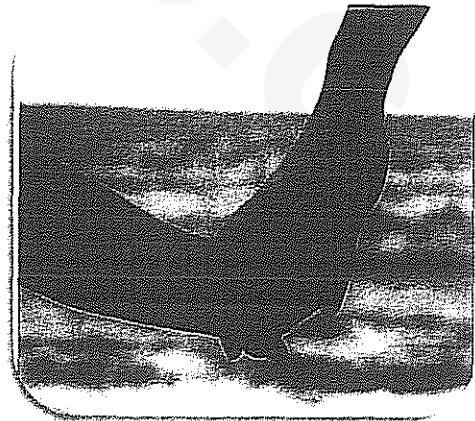
Facilitated by Andrew Guage-Aliperti, MA,
Family Partner

For more information, contact Andrew:
732.497.3811 or aguagealiperti@cymca.org

BAYSHORE FAMILY SUCCESS CENTER

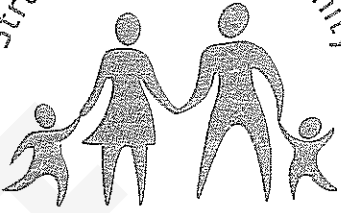
LET'S CONNECT!

TheCommunityYMCA.org/bfsc



The Center is operated by The Community YMCA and funded by the New Jersey Division of Family and Community Partnerships.

Strengthening Community

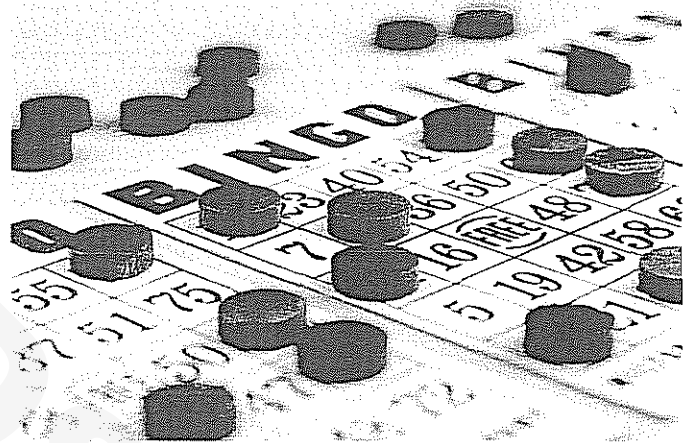


Bayshore Family Success Center

FAMILY FUN!

BINGO Night

The Bayshore Family Success Center invites you to a free, fun-filled evening of BINGO! Parents and children are encouraged to attend together! Pizza, prizes, and light refreshments will be available. Come to the location closest to you! Registration is required as seating is limited!



Every 2nd Thursday | 6 – 7:30 p.m.

Middletown Main Library | 55 New Monmouth Road | Middletown

Every 3rd Friday | 6:30 – 8 p.m.

Union Beach Memorial Library | 810 Union Avenue | Union Beach

Every 4th Friday | 6 – 8 p.m.

Keyport Free Public Library | 109 Broad Street | Keyport

THE COMMUNITY YMCA

BAYSHORE FAMILY SUCCESS CENTER | Henry Hudson Trail Activity Center

945 State Highway 36

P: 732.497.3811

Leonardo, NJ 07737

familysuccess@cymca.org

TheCommunityYMCA.org/bfsc



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The Y. So much more™

415-2106-BFSC



HELPING YOU COPE

Sandy Support Group

Join the Bayshore Family Success Center for a bi-weekly support group centered on Superstorm Sandy survivors. This group will offer a compassionate environment where Sandy survivors can seek emotional support, share stories and life changes they experienced after the storm.

2nd and 4th Thursdays | 6 – 7:30 p.m.

Facilitated by Megan Kelly, BSW
Family Partner, Bayshore Family Success Center

Light refreshments will be served.
Childcare will be provided.

For more information, contact Megan:
732.497.3811 or mkelly@cymca.org.



THE COMMUNITY YMCA

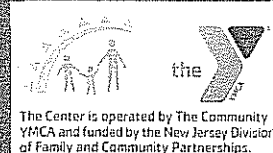
BAYSHORE FAMILY SUCCESS CENTER | Henry Hudson Trail Activity Center

945 State Highway 36
Leonardo, NJ 07737

P. 732.497.3811

familysuccess@cymca.org

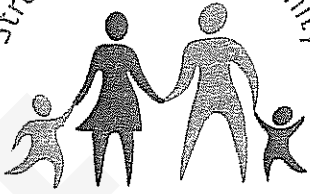
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0115-1066-BF5C

Strengthening Community



Bayshore Family Success Center

BAYSHORE BIRTHDAY CLUB

Come to the Bayshore Family Success Center during your birthday month and enjoy a birthday cupcake, play a party game and get a birthday prize.

Every 3rd Thursday | 4:30 p.m. – 5:30 p.m.

Birthday celebrations will include:

- > Birthday Gift
- > Cupcakes
- > Party games
- > Siblings, parents and grandparents welcome!



Registration Required

For more information or to RSVP, call 732.497.3811 or email aguagealiperti@cymca.org.

BAYSHORE FAMILY SUCCESS CENTER

Henry Hudson Trail Activity Center
945 State Highway 36, Leonardo, 07737
732.497.3811

LET'S CONNECT!



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KEEP THE KIDS ENGAGED

Lunch Bunch!

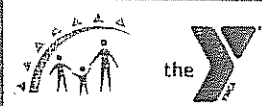
Be a part of our Lunch Bunch!! Pack a lunch and bring it with you to the Bayshore Family Success Center – we will supply snacks and drinks! Then stay and enjoy story time and open play in our kid's room.

Every 3rd Thursday | 12 – 1 p.m.

For more information and to RSVP please contact 732.497.3811 or amaresco@cymca.org.

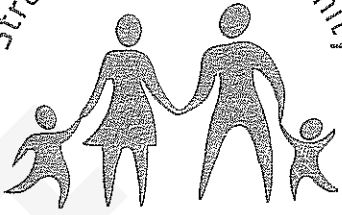


THE COMMUNITY YMCA
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State Highway 36 | P: 732.497.3811 | TheCommunityYMCA.org/bfsc
Lanardo, NJ 07737 | familysuccess@cymca.org |



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Strengthening Community

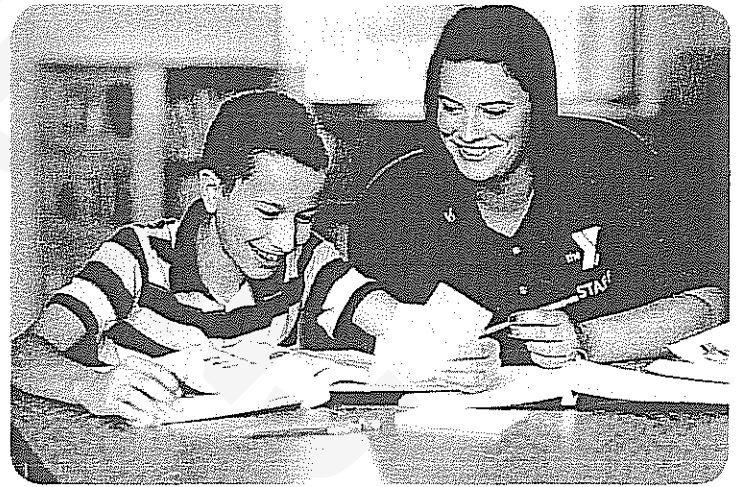


Bayshore Family Success Center

IMPROVING YOUR SCHOOLWORK

Tutoring and Homework Help

Team up with a high school student to help you with your school work! Help is available at no cost in all subjects. Students in K-8 welcome, registration is required.



Saturdays | 10 a.m. – 12 p.m.

Held at the Bayshore Family Success Center

Registration is required!

Please contact 732.497.3811 or familysuccess@cymca.org.

THE COMMUNITY YMCA

BAYSHORE FAMILY SUCCESS CENTER | Henry Hudson Trail Activity Center

945 State Highway 36
Leonardo, NJ 07737

P: 732.497.3811

familysuccess@cymca.org

TheCommunityYMCA.org/bfsc

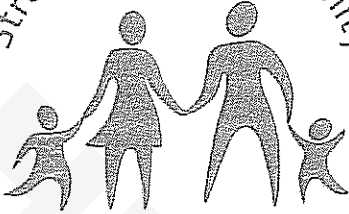


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415-2107-BFSC

Strengthening Community



Bayshore Family Success Center

LEARN TO KNIT

Bayshore Knitting Club

Knit 1, purl 2, repeat!

If you want to know what that means, join us this winter and learn how to knit. The knitting club is open to all ages from tweens to seniors.

Every 2nd and 4th Saturday | 10 a.m. – 12 p.m.

St. Mark's | 247 Carr Ave. | Keansburg, NJ 07734

Knitting is fun and relaxing!
Learn how to knit hats,
scarves, sweaters and more!

For more information, please contact
732.497.3811 or amaresco@cymca.org.



THE COMMUNITY YMCA

BAYSHORE FAMILY SUCCESS CENTER | Henry Hudson Trail Activity Center

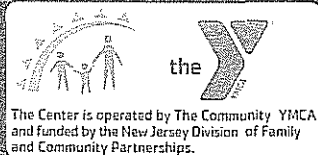
945 State Highway 36

P. 732.497.3811

TheCommunityYMCA.org/bfsc

Leonardo, NJ 07737

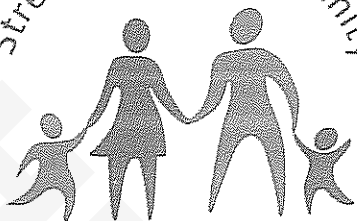
familysuccess@cymca.org



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0115-993-BFSC

Strengthening Community



Bayshore Family Success Center

Drop-in Resume Writing Assistance Now Available!

The Bayshore Family Success Center is now offering an opportunity for you to get FREE resume writing assistance on an ongoing monthly basis.

Every 2nd Saturday | 10:30 a.m. - 1:30 p.m.

Get on the spot assistance revising a current resume, mock interviewing practice and learn about available job opportunities in the area.

Pre-registration NOT required!

For more information, please contact
732.497.3811 or mkelly@cymca.org.

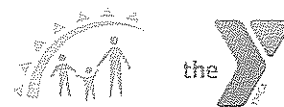
BAYSHORE FAMILY SUCCESS CENTER

Henry Hudson Trail Activity Center
945 State Highway 36, Leonardo
732.497.3811

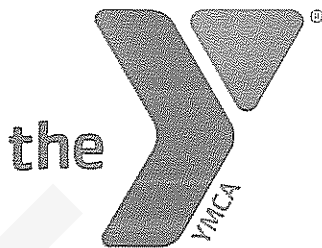
LET'S CONNECT!



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The Center is operated by The Community YMCA and funded by the New Jersey Division of Family and Community Partnerships.



FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

INDEPENDENT LIFE SKILLS MENTORING PROGRAM Counseling & Social Services

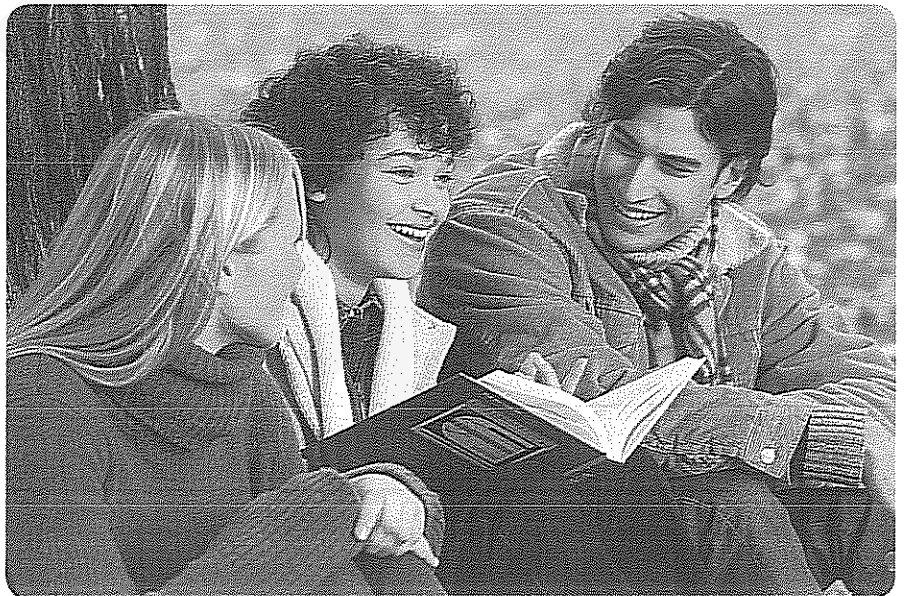
Independent Life Skills at the YMCA helps young adults, ages 15 - 21, to develop problem-solving and decision-making skills. Program participants learn to reduce high-risk behaviors by establishing concrete, outcome-oriented and time-limited plans of care.

Independent Life Skills teaches young adults life skills by focusing on:

- > Career Planning
- > Communication
- > Daily Living
- > Home Life
- > Housing & Money Management
- > Self Care
- > Social Relationships
- > Work Life
- > Work & Study Skills

Independent Life Skills utilizes the nationally recognized Casey Life Skills assessment and curriculum.

For additional information about our programs and services, please call 732.544.4544





THE COMMUNITY YMCA


Counseling & Social Services Outreach Office

613 Hope Road, Bldg. 4, 2nd Floor | Eatontown, NJ 07724 | 732.544.4544

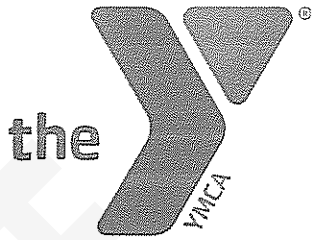
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 [youtube.com/CommunityYMCA](https://www.youtube.com/CommunityYMCA)

TheCommunityYMCA.org



FOR YOUTH DEVELOPMENT®
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HERE FOR OUR COMMUNITY

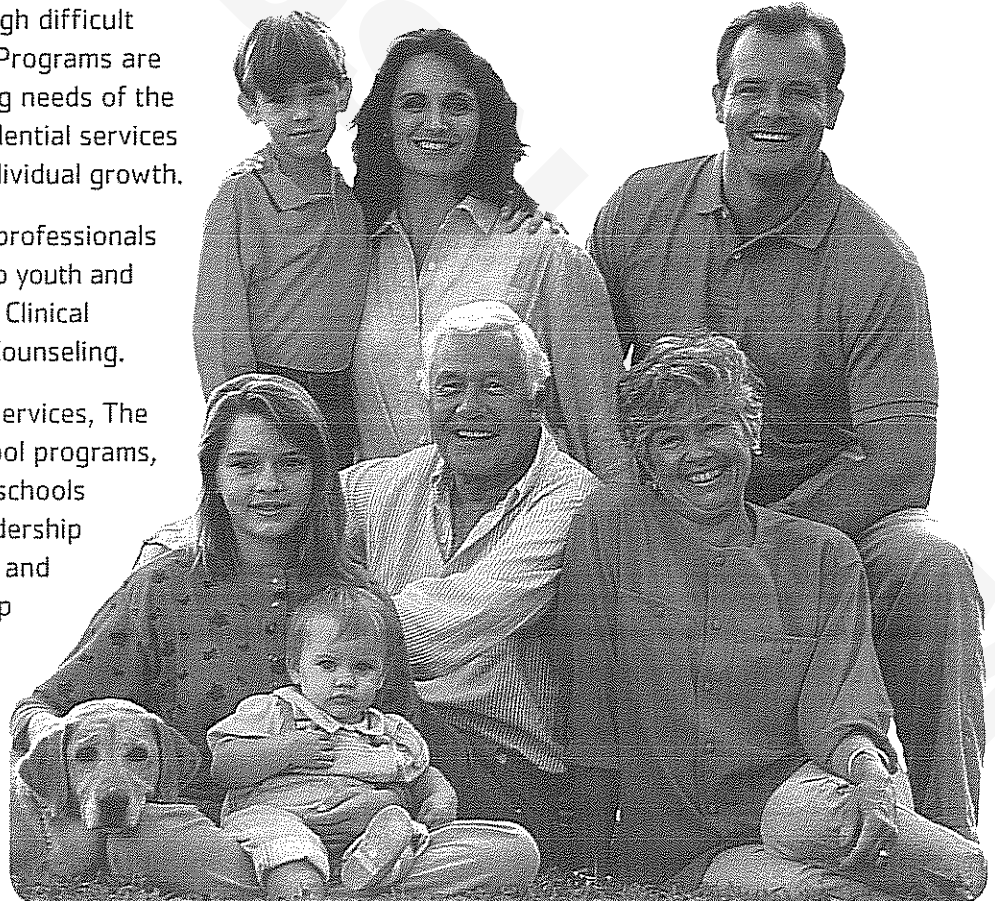
THE COMMUNITY YMCA COUNSELING & SOCIAL SERVICES

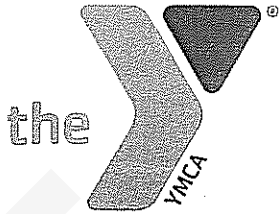
The Y is the nation's leading non-profit strengthening communities through youth development, healthy living and social responsibility. Every day, The Community YMCA works side by side with our neighbors, community partners and volunteers to ensure that everyone, regardless of age, income or background, has the opportunity to learn, grow, and thrive.

Since 1974, The Community YMCA has been helping families in Monmouth County and throughout the state of New Jersey through our Counseling & Social Services. We offer a variety of programs for youth and families to support them through difficult situations and times of transition. Programs are designed to meet the ever-changing needs of the community and provide safe, confidential services which strengthen family life and individual growth.

Our team of caring and certified Y professionals are licensed to serve as counselors to youth and families, specializing in Social Work, Clinical Counseling, and Alcohol and Drug Counseling.

In addition to Counseling & Social Services, The Community YMCA provides preschool programs, before and after school care in 30 schools across Monmouth County, teen leadership activities, summer camp and health and wellness membership at our flagship facility in Red Bank.





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BEHAVIORAL ASSISTANCE

Counseling & Social Services

Using a Behavioral Assistance Individualized Service Plan to target specific behaviors affecting the lives of children and adolescents, behavioral assistance provides one-on-one support to increase functioning and development.

Behavioral Assistance is a goal oriented program with mutually agreed upon goals established by the child, parent, referring agency, and licensed therapeutic provider. Goals are intended to be short term, and behaviorally specific with measurable outcomes. Behavioral Assistance provides service to the child referred, as well as the parent, in an effort to help incorporate new behaviors into the home and everyday life.

In accordance with Medicaid standards, Behavioral Assistants undergo intensive individualized training prior to the start of employment. In addition, criminal background checks, sex offender registry checks and motor vehicle checks, are also conducted. Behavioral Assistance program participants participate in regular supervision with a Licensed Clinical Social Worker and participate in ongoing training and education.


THE COMMUNITY YMCA

Counseling & Social Services Outpatient Office
166 Main Street | Matawan, NJ 07747 | 732.290.9040

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 twitter.com/cymca_nj

 [youtube.com/CommunityYMCA](https://www.youtube.com/CommunityYMCA)

TheCommunityYMCA.org

Specific behaviors that can be addressed with Behavioral Assistance can include:

- > Anger Management
- > Aggressive Behaviors
- > Impulse Control
- > Social Skills
- > Fear and Phobias
- > Problems with Authority
- > Decision Making Skills
- > Depression
- > Self-Abusive behaviors
- > Self-Esteem
- > Parent/Child Conflict
- > Communication Skills
- > Deceitful Behaviors
- > Hyperactivity
- > Social Anxiety
- > Runaway behaviors
- > Isolation
- > Coping Skills
- > Delinquency
- > Oppositional Defiant Behaviors

"The YMCA's Behavioral Assistant has taught my daughter how to feel good about herself. She has begun socializing with kids her own age and is no longer isolated. She wants to go to school and she wants to spend time with me. We have never gotten along this well." – Parent of a program participant





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ROLE MODELS FOR CHANGE

MENTORING PROGRAM COUNSELING & SOCIAL SERVICES

YMCA Mentoring is a support program that provides social, recreational and educational services to children and adolescents. This community based initiative is intended to provide outlets for children to increase their self-esteem and self-awareness. Mentors provide one-on-one and group services to participants within their community through activities that include academic support, empathetic listening, recreational activities, social skills, vocational search, and transportation.

Our mentors offer support to the youth they work with. They provide opportunities for development and growth while helping a child in their decision making process. Mentors are role models for change and offer companionship and support to those they work with. Mentors work with the children to make linkages to sustainable community activities.

Mentoring can include:

- > Recreational Activities (such as sports, arts and crafts and environmental activities)
- > Educational and Academic Support
- > Exploration of Interests and Strengths
- > Skill Development
- > Empathetic Listening
- > Socialization Activities


For additional information about our programs and services, please call 732.544.4544, ext. 20

"I love my **mentor**. She helps me with my homework, takes me to the Y and **listens to me** when I need to talk. We have a great time and I **look forward** to my time with her." – J.M., program participant


Counseling & Social Services Outreach Office
613 Hope Road, Bldg. 4, 2nd Floor | Eatontown, NJ 07724

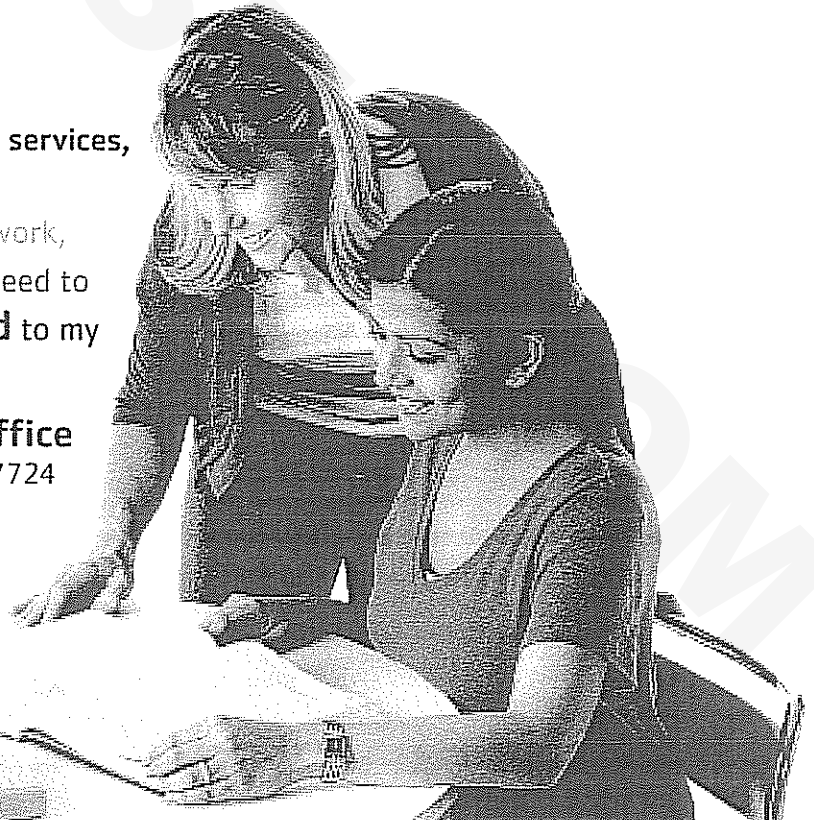
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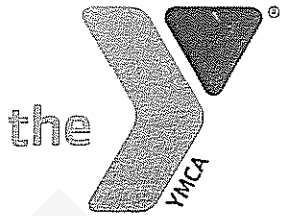
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INTENSIVE IN-COMMUNITY SERVICES

Counseling & Social Services

Intensive In-Community Services provide emotional and behavior health services for children and their families in central New Jersey through the New Jersey Division of Children's Behavioral Health Services. YMCA community-based services are family-driven, strength-based services that are culturally diverse and easily accessible.

As a nonprofit agency, we provide ongoing community support for our families which may include YMCA memberships, summer camp opportunities, financial assistance and holiday programs.

NEEDS ASSESSMENTS:

Individual child behavioral assessments are performed by our licensed and certified clinical staff. These assessments are used to determine the appropriate level of services required to reduce a specific behavioral crisis occurring in the family. Recommendations are made in keeping with the philosophy that children and families are best served by facilitating close connections with their immediate community-based supports.

SPECIALIZED SERVICE AREAS INCLUDE:

- > Anger Management
- > Substance Abuse Evaluations and Counseling
- > Autistic Spectrum Disorders
- > Bi-polar, Mood & Anxiety Disorders
- > Sexual Abuse, Trauma and Attachment Disorders
- > Domestic Violence
- > Grief & Loss
- > ODD & Behavioral Disorders
- > ADD/ADHD





THE COMMUNITY YMCA


Counseling & Social Services Outreach Office

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TheCommunityYMCA.org

Here for all. Financial assistance is available based on need